

## Heart

Materials,

8" square white on white  
7" square any pink  
7" square lightweight interfacing (iron on)  
2 strips red 1 1/4 x 8"  
2 strips red 1 1/4 x 9 1/2"

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Trace heart on smooth side of interfacing (blue marker works well)

Place rough side of interfacing to right side of pink fabric .

Sew on traced line. Trim heart to 1/4" and snip every 1/2" around.

Cut 2" slit in interfacing only, and turn heart right side out.

Finger press heart edge till crisp .Center on 8" square and press with iron.

Applique heart with matching pink thread by hand.

Sew 8" red to each side of block., Sew the 9 1/2" red to the top and bottom.

